



ATHLETIC ASSOCIATION – WEST

Volleyball Rules Revised November 2016

Game Information

- Two games per match, switching sides in between games
- The first team to reach 25 points wins (must win by 2 pts) to a max. of 30 pts. i.e. a final score could be 30 – 29
- Points are awarded on every serve, either for the team maintaining serve or regaining serve.
- Match is over when time expires or two games are completed (whichever comes first).

If sufficient time remains after match is completed, teams should use this for an exhibition match to give players additional playing time.

- Tiebreaking is not used at end of games. End of round tiebreaking will follow steps outlined in Tiebreaking Procedure.

Rules Information

- O.V.A. rules will be generally followed as a guide.

Serving:

- On serve both feet must be behind line on serve, conditions permitting; otherwise, one foot may enter court during service. (Check with convenor upon arrival)
- Serves can occur anywhere on the end line (not just right corner)
- Serves must be one continuous motion (i.e. a bad toss cannot be re-tossed). Double hits on hard serves are legal. Serves may hit net as long as they go over
- Proper overhead volleys on serves are legal
- The ball may contact any part of the body legally
- Players are restricted to 5 serves per rotation
- Senior - regular service boundaries

General:

- Net height will be approximately 6 ft. 10 in.
- No warm-ups
- One time out per game (30 sec.) per team
- Pennants are awarded to the winning team

Junior Only:

- Five serve limit for juniors.
- Equal number of boys/girls on court.
- Service line will be approximately 7 meters from net.

Player substitutions must occur as outlined below:

(a) continuous substitution: a team wins the serve and the previous server is substituted for with all players rotating clockwise and the fresh player taking the centre back position.

OR

(b) any substitutes must be paired with one of the six starting players and they may then freely substitute for each other when a request is made to the Ref (used with the integrity of the coach).