



HOLY CROSS

Catholic Secondary School

February 2024

Principal's Message

Welcome to the second half of the year. We are nothing if not resilient and flexible as students and staff worked through a number of cancellations and interruptions whilst completing culminating activities and preparing for exams. Report cards will soon be ready and, we hope, reflect the hard work put forth.

Students should soon be settling into their second semester courses. Senior students should remember to stay on top of any post-secondary application processes they have initiated and to maintain their academic efforts throughout the semester. Hard work will pay off, I promise.

We wish all of our sports teams the best of luck as they finish off the winter season. Other clubs, like Improv, are up and running as well!

All the best to **Mr. Dzierniejko** as you take on a Vice-Principal role at Regiopolis-Notre Dame. You have been an excellent leader, role model, teacher and coach within our Holy Cross community for decades. You will be truly missed. We are pretty sure you will always bleed green.

There are always some changes between semesters. In terms of new staff, we welcome Mr. Charbonneau, Ms. Hinch and Mr. Maligaya to our teaching staff.

Good luck to all students involved in the Literacy Test this coming March. Remember that we continue to offer afterschool literacy and numeracy support. Parents, please attend to those Health Unit letters about immunization update (if your home received one).

Our 2024 Graduation Ceremony is scheduled for the afternoon/evening of Thursday, June 27. More to come but save the date.

God bless, everyone.

Terri Daniel

This Month

Feb 1 - Course Reconciliation Day (No Classes)

Feb 1- Application Deadline for OCAS

Feb 2 - PD Day (No Classes)

Feb 2- Ski Team KASSAA

Feb 5- First day Semester 2 classes

Feb 7- Jersey or team/club hoddie (with uniform bottoms)

Feb 8- Fashion Crime Day (full non-uniform)

Feb9- Red, White & Pink Day (full non-uniform)

Feb 9- Senior Dance

Feb 9- Semester 1 Final Report
Cards emailed

Feb 13 - Gr 8 Parent Info Night 6:30-8:00 pm

Feb 14- Ash Wednesday Mass 12:45-1:45 pm

Feb 15-1st semester marks due to OUAC and OCAS

Feb 16- Last day for Semester 2
Timetable changes

Feb 23- Non -uniform day

Feb 26-Mar1- Wellness Week

Feb 28- Pink Shirt Day

(with uniform bottoms)

Contact Us

Check on-line for more information at www.hctoday.ca Holy Cross Catholic Secondary School 1085 Woodbine Road, Kingston, Ontario, K7P 2V9 (613) 384-1919

Instagram: @holycrosskingston Twitter: @HolyCrossCSS Coming up in March

March 6- Coffee House

March 11-15- March Break

March 28- Stations of the Cross

March 29- Good Friday

March 31- Easter Sunday

Graduation-Thursday, June 27th



After School Numeracy Gr 9 and Gr 10

Room 108

Starting Feb 14

Wednesdays 2:45-3:45pm

See Ms Costa Silva for more info



PASTORAL NEWS

Congratulations to all staff and students on the successful completion of first semester! It was a privilege to witness the dedication, creativity, and perseverance of students as they put forward the work necessary to complete final projects and prepare for exams.

The second semester brings many opportunities for growth in its new schedules, classmates, and extra-curriculars. Similarly, the Season of Lent offers us the opportunity to reset our spiritual lives. Ash Wednesday falls on February 14th this year. We will be observing the day with a liturgy of the word followed by the distribution of ashes. The ashes symbolize our need for continual conversion and remind us to turn to God in our need. Valentine's Day celebrations will take place prior to Lent for us to enjoy these festivities without obscuring the reflective nature of Ash Wednesday.

The Church invites us to observe Lent by growing in three areas: prayer, fasting, and almsgiving. As we approach Lent, perhaps consider a new prayer practice you can take on each day, a habit that you can take a break from, and a new way you can help others or serve your community!

Please be assured of my prayers for all staff and students as we begin a new semester. Be sure to stay tuned for updates regarding our Lenten fundraiser, CICS initiatives, and our graduation retreat trip to Montreal in May!

Even now, says the Lord, return to me with all your heart.

Joel 2:12a

Nick Cotman, Chaplaincy Leader

MALTBY CENTRE'S FREE

MENTAL HEALTH WALK-IN CLINIC



WHERE & WHEN?

Clinic runs from **10am** to last appointment at **4:45pm**.

Every **Tuesday** in Kingston, 31 Hyperion Court

Alternating **Wednesdays** in Napanee, 99 Advance Ave

Alternating **Wednesdays** in Sydenham, 2876 Campbell Road

WHAT?

- Are you feeling stressed? Worried? Depressed? We can help.
- We are now offering FREE and immediate one-hour counselling sessions to children, youth, young adults ages 0-24, parents/caregivers and families from communities in KFLA through our Mental Health Walk-In Clinic.
- No appointment necessary. Just walk right in!







QUESTIONS?



1.844.855.8340



intake@maltbycentre.ca



www.maltbycentre.ca



@MaltbyCentre

Moving or have you moved?

Please help us keep our records up to date and accurate.

If you think you may have an old or outdated address on file for your student please do either of the following:

Call the school at 613 384-1919

Or

Email the school through hctoday.ca and Contact Us with the updated information.

Thank you!



"Best of luck to the HC Swim team as they compete in the EOSSAA Swim Meet at the YMCA on February 13th"





Counsellor's Corner

University/College Applications

Applicants should be aware of the application center deadlines for equal consideration for admission to programs. University applications were due by Monday, January 15th and college applications are due by Thursday, February 1st. Students are asked to ensure that all data on the application is accurate (including contact and transcript information). Students require the OEN (Ontario Education Number) which can be found on their report card. Semester 1 final marks will be sent to OUAC and OCAS by February 15th and students should verify their academic information in their OUAC and OCAS accounts. Students should also check to make sure their timetables include all necessary courses for post-secondary admission. Please contact Student Services with any concerns.

Grade 9 Registration

Grade 8 students from partner schools will be receiving registration packages in their grade 8 classes. Registration packages will also be available at the grade 8 parent information evening which will take place on Tuesday, February 13th. There will be an information assembly beginning at 6:30 in the cafetorium and the assembly will be followed by an open house from 7-8pm. Students and parents will be able to tour the school to learn about the many activities and interesting courses offered at Holy Cross!

Course Changes

Students who require a timetable change may do so by February 16th. Students can now make an appointment with their guidance counsellor by clicking on the 'guidance counsellor appointment' link found on the Virtual Commons. Students can choose a day and time to meet with their guidance counsellor.

Course Selection Process

At this time of year, students will begin the process of selecting courses for the 2024-2025 academic year. It is critical for all students who plan on returning to Holy Cross that they follow the timelines to ensure that they are able to obtain the courses they desire. Student Services will be conducting grade assemblies and course selection workshops during the month of February. Information will be made available to students in their classes and also on the Guidance Page found on the students' Virtual Commons.





Napanee Walk-In Clinic 99 Advance Ave



Alternating Wednesdays starting January 17, 2024 10AM - last apt at 4:45PM



For more information, call 613-546-8535



To see our full Walk-In schedule, visit maltbycentre.ca

Student Council News

2024 has started off strong within the Holy Cross community. Lots of fun events took place and there are many to look forward to.

Firstly, the vocals class put on a magnificent performance with their concert on January 17th. This performance was very important to them as it was worth 30% of their grade. Every singer did a fantastic job and HC is proud of these vocalists.

Student council was thrilled to put together a miniature pep rally to prepare for the memorial sports games, but also to say goodbye to some of HC's teachers. A video was made for Mr. Dzierniejko of staff saying their goodbyes and wishing him luck at his new job as Vice-Principal at Regi.

Next, our junior and senior girls' volleyball team and junior and senior boys' basketball teams took on Regi at the memorial games, with the volleyball game being held at Regi and the basketball games at Holy Cross. The goal of this event is to raise money for families affected by cancer. Both basketball teams and the junior girls volleyball team were victorious in their games, with the senior volleyball team unfortunately falling to the Panthers. This event was a massive success, as over \$5,000 were raised towards families affected by cancer.

We are super excited to announce the next upcoming spirit week, Frost Week! This will take place the first week after the exam break to kick off a new semester. Follow @holycrossstudentcouncil on Instagram for more information regarding the themes for each day.

Student council is currently planning a dance available only to senior students on February 9th. More information to come soon! Also, a junior dance is currently planned for April 5th. Save the date.

Another successful exam season is in the books! Congratulations to all students finished writing exams. Here's to another successful semester!



Order the special outlined below on February 27, 2024 and \$12.50 from each order goes back to your group!

2 MEDIUM 3-TOPPING PIZZAS CHEESY BREAD & CINNISTIX

99 + tax
Office code:
3366

Pizza Cheesy Bread Coke Product Cals 180-280 Per Slice, 16 Slices Cals 120 Per Piece, 8 Pieces Cals 0-240 Per 500MI Serves 4

(613) 384-4442 1730 Bath Road

(613) 544-4443 2469 Princess St

Carry out or Delivery . Delivery charge \$4.99 plus tax

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.