



## HOLY CROSS

Catholic Secondary School

October 2022

#### Principal's Message

As we move into the second month of this school year, I would like to thank students and staff for building the Holy Cross community. Inside the school, students have been very good at wearing their uniform properly. Please remember to be equally diligent about picking up after yourselves, taking care to not damage things in our building, and be good neighbours in the community. Everybody has to do their part We can focus on these little things during this time of gratitude.

The return of extracurriculars has really brought a measure of joy back into the school life of so many people. Seeing teams on the field and court, hearing musicians, watching dancers, gamers, international student friendships, and listening to laughter have truly been moments of grace. We are truly blessed.

The National Day for Truth and Reconciliation provided us with an opportunity to hear Deb offer the morning song in Cherokee and to explore and reflect on the 94 calls to action. We honour the lost children and survivors of the residential school system, a horror we cannot turn away from and strive to learn more about how each of us can ensure the calls to action are not just words. This week, we focus on the Thanksgiving Food Drive.

October 5<sup>th</sup> marks World Teacher Day. I would like to take a minute to mark my appreciation of the outstanding work our teachers (and all staff) have done as they have navigated the various challenges presented during this pandemic. We appreciate the collaboration and patience offered by all partners in the teaching and learning dynamic.

We pray as well for sustained good health and wise counsel for all those making decisions. This latest phase of the pandemic certainly means we have increased absence levels as people take care of their health. By times, our attendance system may be a bit messy as we navigate shifting classes, etc. We appreciate everyone's diligence and patience.

Stay well.

Ms. Daniel

#### This Month

October 6— Thanksgiving Mass

October 7- Friday Night Lights

October 10 -Thanksgiving

October 19- Parent teacher interviews

October 20- PH Classic

October 20- Photo Retake Day

October 24- P D Day

October 26- Fall Coffee House 7pm

October 31- Hallowe'en



#### Counsellor's Corner

#### **Post-Secondary Information**

Students are reminded to check their credit summary through myBlueprint which is found on the Virtual Commons. Grade 12 students are encouraged to check their credit summary to ensure all requirements are fulfilled for graduation and post-secondary applications. Graduating students will also receive a copy of their credit summary in their period 1 homeroom in early October. Please see your guidance counsellor if you have any questions.

Post-secondary presentations continue to take place at lunch and after school. Students who missed the post-secondary information presentation can view it on the Guidance Page located in the Virtual Commons or in the Student Services link on the HCtoday.ca website. Students are reminded to listen to student announcements and check the school calendar to see which presentations are taking place. Students are encouraged to check College and University websites for open house information. The following are in-person events that may be of interest:

**Post-Secondary Q & A drop-in on October 19** from 4:30-6 in the Lecture theatre. Guidance counsellors will be available to answer questions regarding the post-secondary application process in the Lecture Theatre during parent-teacher interviews.

The Ontario University Regional Fair will take place on Tuesday, October  $11^{th}$  from 5-9 pm at Queen's Athletics and Recreation Center

The Ontario College Information Program and St. Lawrence College Open House will take place on Wednesday, October 26 from 1-2:30 pm at St. Lawrence College campus in Kingston (Transportation to St. Lawrence College will be provided).

#### **Scholarship News**

The deadline for two prominent scholarships is approaching. The Loran Award website is <a href="www.loranscholar.ca">www.loranscholar.ca</a>. The deadline date is October 12 at 8pm. The deadline date for Queen's Major Entrance Scholarships and Awards is December 8. Students interested in being nominated for the Queen's Chancellor's Scholarship must submit a copy of their application to Mrs. Cantarutti by November 8 at 8:30 am. Student must have an average of 90% to be eligible. Holy Cross can nominate 2 students for this award. If you have any questions about these or any other scholarship, please contact Mrs. Cantarutti in Student Services.





# ARTS UPDATE OCTOBER



We are off to a fantastic start this September! Our 50-person choir led our September Mass, the musical **Grease** has been cast and has started rehearsals, the art club is up and running and the plans for our music trip to Festival Disney April 2023 (instrumental and vocal music) are also underway!

Auditions for our "Halloween" coffee house will be coming up in the next couple of weeks and we would also love to welcome some new singers to choir!

#### UPCOMING EVENTS AND ACTIVITIES

Next Choir Practice: Monday, October 3rd in Room 146 (Music Room) at 11:15am. Everyone welcome! Bring your lunch and a friend!

Art Club: Every Wednesday after school in Room 133

"Behind the Scenes" Grease Info Meeting: October 12th @11:15 am in the drama room

Fall Coffee House - October 26th, 2022 7PM

Grease: High School Edition: December 7-10, 2022

Dance Team Tryouts: December 13-15, 2022

Music Christmas Concert: Thursday, December 15, 2022 Christmas Coffee House: Wednesday, December 21st, 2022

Improv Team Tryouts: January 2023

Vocal & Dance Showcase: January 18th, 2023



Follow us @hcarts\_ for all the news and updates!







Grade 12 vocal students lead the class in warm-ups



Some members of the senior drama class pose after a very dramatic 'ritual' performance



#### **PASTORAL NEWS**

The first month of school has been filled with many blessings! We are grateful to have had our first school Mass since 2019. In observing The Feast of the Exaltation of the Holy Cross, Fr. Shea led us in reflecting upon God's love revealed in his sacrifice for us. As part of our observance of this feast day, we formally recognized the name of our chapel in honour of St. André Bessette. Thank you to our guests from the school board and parishes who were able to join us for this exciting event!

On September 30<sup>th</sup> we participated in Orange Shirt Day, honouring survivors of the residential school system. We made the Calls to Action of the Truth and Reconciliation Commission available for reflection and encouraged staff and students to further learn about the lasting impacts of the residential schools. For information on Pope Francis' penitential pilgrimage to Canada this past July, visit <a href="https://www.papalvisit.ca">www.papalvisit.ca</a>.

There is much to look forward to in October. Our Thanksgiving Food Drive in support of the Partners in Mission Food Bank is already underway. Be sure to bring in non-perishable food items to your homeroom class to support this important cause! Our Thanksgiving Mass will be on Thursday, October 6<sup>th</sup>, with both Fr. Hibbard and Fr. Shea joining us. CICS will be resuming visits to Rosewood Retirement Residence this month, starting with some pumpkin carving! Furthermore, Holy Cross will be represented by students on the Maria Radio program, "Faith on Campus," where they will discuss their experience of Catholic education at Holy Cross. If you are interested in joining CICS, be sure to reach out for more information!

Through daily prayer, school Masses, and the social outreach efforts of our community, we are continually working to become *Formed in the Faith*. May we respond in faith to God's invitation of relationship over the weeks and months ahead!

God bless,

Nick Cotman, Chaplaincy Leader

Formed in the Faith

#### Contact Us

Check on-line for more information at www.hctoday.ca Holy Cross Catholic Secondary School 1085 Woodbine Road, Kingston, Ontario, K7P 2V9 (613) 384-1919

#### Year 3 Multi-Year Strategic Plan:

We are pleased to announce the release of our MYSP Year 3. Visit our MYSP web page to view a video message and to learn more about all the amazing progress and achievements being made in the ALCDSB.

**Looking Forward to November** 

November 3- Fuel Day

November 11- Remembrance Day

November 18- Midterm Semester 1

November 25- P A Day



#### After School Math Help!

Grade 9 and 10 students are welcome to come to room 207 from 2:45 – 4:00pm on Tuesdays for extra math help.

Email Ms. Hollands with any questions. jhollands@alcdsb.on.ca





















#### September 2022

A healthy mind and body have an important impact on learning and the quality of life for everyone, staff and students alike. We support physical activity in our schools and would like to encourage this lifestyle with all our students.

Current data indicate that if physical activity patterns do not change, this generation may have a shorter life span than ours. To help achieve our goal of having our students become more physically active, Kingston Gets Active in partnership with all of our communities:

- Loyalist Township
- Town of Greater Napanee
- Township of Central Frontenac
- City of Kingston
- Township of South Frontenac
- Township of Stone Mills

All Grade 9 students can use their Student Card as their ActivPass or pick up an ActivPass from the main office at their school. With this pass students have <u>free</u> access to participating recreation centres for public swims, skates, or gym use.

Queens Athletic and Recreation Centre will waive the gate fee when Grade 9 students are accompanied by a paying adult or current ARC member (some restrictions apply).

The schedule and times that are available from September 26, 2022 to August 31, 2023 at all the recreation centres can be found at <a href="https://www.KingstonGetsActive.ca">www.KingstonGetsActive.ca</a>.

Our overall objective is to make our children healthier and improve learning through physical activity. We hope your child will take advantage of this unique opportunity that has been provided by our many community partners and Kingston Gets Active (<a href="https://www.KingstonGetsActive.ca">www.KingstonGetsActive.ca</a>)

#### **Student Council**

#### September in Review

For Student Council, our school year began early when all grade 9's came to the school for Moving on up in late August. This event was organized to help introduce these new students to HC and form connections with other incoming grade 9's.

Another event organized for grade 9's was orientation, which happened the second Friday of school and was a success! All grade 9 participated in fun activities and showed their school spirit, while getting painted by the grade 12's!





On September 22 and 23, bracelets with the words "Bands for Bella" were sold at lunch and there was a "Toonie for a non-uni." All proceeds from these events went towards the family of Bella, a grade 9 student that has had significant medical problems over the past year. Included below is an email that can be donated towards to help, as well as segment that Global News did on Bella and her story.

https://globalnews.ca/news/9076620/kingston-ont-soccer-player-surgery-complications/careforbella18@gmail.com

Is your child in Grade 9 or 10? Did they receive a letter from KFL&A Public Health regarding overdue immunizations? KFL&A Public Health will be hosting an immunization clinic during school hours at Holy Cross Catholic Secondary School on Tuesday December 20, 2022.

Please review the letter and complete the consent form if you haven't already **and** send the signed consent forms back to school by **Tuesday October 11**, **2022**. Your student can return the paper consent form to their homeroom teacher, or they can be submitted electronically to KFL&A Public Health directly at **kflaph.ca/CatchUp**. If you have any questions or concerns, please reach out to KFL&A Public Health and speak to an immunization team nurse at 613-549-1232 x 1451

Thank you.







Career opportunities in conservation, research, recreation, innovation and more



Email: huntert@alcdsb.on.ca or talk to your guidance counsellor

or

Take a photo of QR code to register





#### WANT TO BE A BIOLOGIST,

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# SPECIALIST HIGH SKILLS MAJOR: INFORMATION & COMMUNICATIONS TECHNOLOGY





Email: mcdojenn@alcdsb.on.ca or talk to your guidance counsellor

or

Take a photo of QR code to register







Want to be a
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**Lifetouch** 

# PICTURE DAY IS COMING



Thursday, October 20, 2022
Retake Day! Holy Cross Catholic Secondary School











#### What to Expect:



Students are photographed on Picture Day



Pictures are sent home with your child



Review pictures & purchase on mylifetouch.ca

All students will be photographed. Please notify your child's teacher if you do not want an individual picture taken of your child. Your child may be included in a group picture requested by the school. Questions? Please contact Customer Service at 1-866-457-8212.

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