



HOLY CROSS

Catholic Secondary School

May 2022

Principal's Message

The first week of May, the month of Mary, marks both the celebration of Catholic Education Week and Mental Health Awareness Week. This year's CEW theme – **Rebuild, Renew, Restore Together** - is more crucial than ever. When we work together and support one another, it is easier to be strong in mind, body and spirit. Our faith provides us with hope. Our school community helps each of us to rebuild, to renew, and to restore hope. The signs of spring are all around us, in this same pattern of renewal. All are invited to tune in to the virtual celebrations daily at ten a.m.

The following is a link to ALCD SB's Catholic Education Week activities: [CEW-MHW 2022 Poster.pdf](#)

Congratulations to this year's Beacons of Hope – **Katie Murphy** and **Santiago Pimentel**. You both have made a difference in our community. Thank you for your generosity.

Many thanks to **Student Council** and our leadership groups for continuing to build hope for our school community. You are nothing if not innovative. The **Junior Semi-Formal** was a resounding success and it was such a joy to see young people experiencing some of the milestone moments in their lives. Thank you for organizing that, along with upcoming movie night, bagel sales and other important community-building activities. I am confident that the **Seniors** will have as much responsible behaviour and fun as the Juniors did – something to look forward to, for many!

This Month

- May 1-6 Catholic Education Week
- May 1– World Principal's Day
- May 2-6– Children's Mental Health Week
- May 4– Movie Night (cafeterium)
- May 4-10– Child and Youth Worker Appreciation Week
- May 5– Chapel Naming Student Feedback
- May 6– Coffee House
- May 13– Grad Retreat Montreal
- May 19– Quadmester 4 Mid Term
- May 23– Victoria Day
- May 25– Quadmester 4 Full Disclosure Date
- May 29-Jun 4– National Accessibility Week

The **Vocal Class** put on an amazing evening of song, one of our first in-person celebrations in years. I look forward to the **Cabaret** and other arts collaborations. **Spring teams** are up and running throughout the month of May. The energy around school is buzzing. Good luck to all who are putting in the work for their staff advisors, coaches and teammates.

Hold the date for HC grad: Wednesday, June 29th. More details to come as they become available.

Take care.

Terri Daniel

Counsellor's Corner

Course selection for 2022/23 school year

Students can view their course requests for next year on the Aspen student portal found on students' virtual commons. Students should review the courses they have chosen for next year on the 'my info' tab found at the top of the home page. Click on 'current schedule' and then click on the 'requests' tab found on the left. Students should contact their guidance counsellors if they would like to make changes to their course selections for next year. Grade 12 students interested in returning next year should contact their guidance counsellor.

OUAC and OCAS

Marks have been submitted to OUAC and OCAS. Students should check their account to make sure all information is accurate. Students must accept offers of admission in their OUAC and OCAS accounts, and they must do so by the published deadline dates provided by the post-secondary institutions.

Community Service Requirement for Graduates

For the 2021-22 school year, the Ministry of Education has revised the 40-hour community involvement graduation requirement so that students will not be adversely impacted by the ongoing challenges related to COVID-19. For students graduating in the 2021-22 school year, the community involvement graduation requirement will be reduced to a minimum of 20 hours of community involvement activities. This recognizes that graduating students have had barriers to earning their community involvement hours last school year and there may be continued barriers this school year. Students can include activities that are performed at home and for family members. Graduating students should submit their volunteer hours by May 31st to ensure the community service graduation requirement is met.

Summer Learning Programs 2022

The ALCDSB is offering full credit summer school courses from July 4- July 29th. Courses are delivered on-line and are asynchronous. The following courses will be offered:

- Careers/Civics in English and French
- Senior English: NBE 3U, ENG4C and ENG4U and OLC4O
- Mathematics: MCR 3U, MCF 3M, MHF 4U, MAP 4C

The Secondary Co-op credit courses that will be offered include:

- Co-op: 1 or 2 Credits: Placement #1- July 4th – July 29th (1st credit), Placement #2: August 2nd – August 26th (2nd credit)

Registration Process: Additional detailed information and the application link for this program are located on the ALCDSB Secondary Summer Programming Website. The application link is also listed below:

<https://forms.office.com/pages/responsepage.aspx?id=eWrijBJpsTkKu9WekMhYEwbDAUAjtXKFCr7FAclMaP1NUNUg4QUhOVjJXWExFRkhlMUdFV1AzSU1YNy4u>

Queen's Virtual Discovery Day in Health Science

Students interested in careers in medicine and health sciences are invited to attend a virtual event on May 27th hosted by the Canadian Medical Hall of Fame and Queen's University. They will be using a virtual platform called Acelevents. Workshops last year included topics on nursing, medical school, obstetrics, data science in medicine and a tour of Queen's cardiopulmonary unit. The workshop catalogue is will be available the week of May 2 at:

<https://cdnmedhall.ca/queens>

Student registration begins May 5th. Please contact Mrs. Cantarutti for more information on the registration process.

Summer Company Program

Kingston Economic Development Corporation is pleased to announce that applications for the 2022 Summer Company Program are open for secondary and post-secondary students. Students are provided with hands-on business training, support and mentorship throughout the summer months, and provided funding to start their business venture. Eligible students must be between the ages of 15 – 29, enrolled with a secondary or a postsecondary institution for the fall of 2022 and must dedicate at least 35 hours per week towards developing and running their business. Applications are open until:

- Early acceptance deadline – April 29, 2022
- Final application deadline – May 23, 2022

The Summer Company program is funded by the Government of Ontario through the Ministry of Economic Development, Job Creation and Trade and is delivered by the Kingston Economic Development Corporation. The program provides access to \$3,000 in start-up funding to help the students set-up and run their start-up over the summer. Students will develop and foster new relationships with local professionals and help them discover how their own ideas can help contribute to the economic development of our region. Interested students should connect directly with the Summer Company Coordinator, Simon Denford, at denford@investkingston.ca or call 613-217-0932.

Lennox and Addington Stewardship Council Bursary

The Council is pleased to offer the David Sexsmith Bursary Program. David was a very inspiring advocate for the environment and for student participation. This year, the bursary is \$500.00 for one student.

Note that students must reside in Lennox & Addington County to be eligible. Priority will be given to students applying to Environmental Studies or Natural Resources programs at a recognized community college or university. Students applying to programs in science-related fields such as sustainable agriculture will be considered as well. An asset will be leadership roles in environmental projects, school events and volunteer work in the community. See Mrs. Cantarutti for more information.

Quadmester Calendar

Quadmester 4: April 20– June 23

Mid-Term: May 19

Exam Days: June 24 - June 27

Credit Recovery Day: June 28

Graduation: June 29

Student Vaccinations

The school has been notified by KFLAPH that hundreds of our students remain overdue for immunizations. These are the immunizations that fall under the Immunization of School Pupils Act (ISPA) and are usually immunizations against measles, mumps, rubella, diphtheria, pertussis and tetanus. This has nothing to do with Covid vaccines. No students will be suspended this year however they request that you notify the Health Unit by May 11th that you have had your child immunized. For more information please contact Vice Principal, Dan Finn or the KFLA Health Unit directly.





PASTORAL NEWS



Beloved
Children of God
2021/2022

Happy Easter! Our school embarked on a spiritual pilgrimage of the Way of the Cross on April 8th, preparing us to journey alongside Jesus through Holy Week. Thank you to Ms. Melo-Jordan's class for leading our meditations on each station. The arrival of Easter also marked the end of our Lenten Fundraiser in support of the Mer'i family, expected to arrive in Kingston over the coming months from a refugee camp in Lebanon. Our school raised over \$2,200! Thank you so much for your generous contributions.

The month of May begins with Catholic Education Week. This year's theme is *Rebuild, Restore, Renew Together*, offering us the opportunity to reset ourselves in faith as we navigate the various challenges around the pandemic. During Catholic Education Week, we will have the opportunity to participate in a unique event: the naming of our chapel! Saints being considered for patronage will be presented to students and staff, who will be invited to give feedback on the most fitting candidate for our community. Please pray for the guidance of the Holy Spirit in this process as we discern a meaningful patron for Holy Cross!

The grade 12 retreat will take place on May 13th. This year, it is a pilgrimage to Montreal, where we will attend Mass at Notre-Dame Basilica and take part in a tour of St. Joseph's Oratory. We are looking forward to this special experience! If you haven't yet, contact Mr. Cotman if you are interested. Space is limited.

It is likely many of our junior students have had difficulty in going through the process for the sacrament of confirmation. St. Paul the Apostle Church now has information for registration and preparation on their website. Please reach out to me or your local parish for support in coordinating this beautiful and important sacrament.

May the hope and renewal offered by Christ's resurrection give us joy as we journey through the weeks of Spring. Take care, everyone!

Nick Cotman, Chaplaincy Leader

Beloved Children of God

Contact Us

Check on-line for more information at www.hctoday.ca

Holy Cross Catholic Secondary School

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Looking Forward to June

June– Pride Month

June– National Indigenous History Month

June 2– Grade Masses

June 21–National Indigenous People's Day

June 23–Last Day Quadmester 4

June 24– Exam Day

June 27– Exam Day

June 28– Credit Rescue Day

June 29– Graduation

June 30– P A Day

Welcome the World!

Here is your opportunity to Welcome the World into your home and become a part of the International Education experience. The ALCDSB International Education program is now accepting applications to become a homestay for one of our international students who will be attending Holy Cross in September 2023. These students come to Canada wanting to experience life as a Canadian student and are eager to share their culture with you. Specifically, we are looking for homestays for Grade 10 and 11 girls from Germany. If you are interested or would like to learn more please email international@alcdsb.on.ca .



Student Council

The Spirit Shop

Spirit Wear sales continue every Tuesday at lunch just outside of the Student Council room! The HC spirit shop will also be available online! HC Spirit Wear can be paid for using the same payment method as the student fees. (schoolcashonline.com). Pickup for online orders will be Tuesdays at lunch outside of the council room along with our in-school shop! Receipts must be shown. Unfortunately, the student leadership team cannot guarantee inventory as there are limited quantities and sizing available. *In the event we cannot fulfil your order, you will be refunded.*

Lanyards	\$3
Drawstring Bags	\$12
HC Pyjama Pants	\$40
Grey or Green Crewneck Sweatshirt	\$38
Grey Sweatpants with Pockets	\$35
Vintage (Embroidered) Long Sleeve	\$15 or 2/\$25
Green or Dark Heather Grey T-Shirt	\$15
Pom Pom Toque	\$20
White Holy Cross Hoodie	\$50
Green/Grey Holy Cross Hoodie	\$50

May The Fourth Be With You! All students are invited to join us for a Star Wars themed movie night in the Caf on Wednesday, May 4th. Snacks and drinks will be sold before the movie begins for anyone who would like them. More information on the night, such as ticket pricing and what movie is being shown will be coming soon.



Coffeehouse is back! On Friday, May 6th, we will be running Coffeehouse for the first time since Covid started. A sign up sheet will be posted on Monday, May 1st for all those interested in showcasing their musical talents. More details about the night will be coming soon.



BADMINTON

Congrats to our HC Junior Badminton Team who competed at KASSAA on Monday!! KASSAA Champions included Riah Beckwith (Singles), Hailey Bauder and Gates McAllister (Doubles), and Samara DeJonge and Ben Hedberg (Mixed Doubles).

These wins plus many other exceptional performances meant the HC Juniors took the overall KASSAA Championship Trophy. Congrats to all members of the Team!

Riah Beckwith

Charlotte Cantarutti

Hailey Bauder

Gates McAllister

Sarah Irwin

Gracie Coffin

Samara DeJonge

Sophia Diaz

Caleb South

Aidan Myers

Callum Nicholson

Jude Martin

Reid Myers

Ben Hedberg

Jaden Van

Spencer Salmon





Algonquin
& Lakeshore
Catholic District
School Board

ALCDSB FAMILIES, STAFF AND STUDENTS ARE INVITED TO JOIN US FOR OUR:

SPRING 2022 EVENING VIRTUAL SPEAKER SERIES: HELPING OUR KIDS THRIVE

Session 4:

**Wednesday May 11th,
6-7 p.m.**

Dr. Jean Clinton - The Power of Play



Dr. Jean Clinton is a Clinical Professor, Department of Psychiatry and Behavioural Neurosciences at McMaster, division of Child Psychiatry. Dr. Clinton is renowned nationally and internationally as an advocate for children's issues. Her special interest lies in brain development, and the crucial role relationships and connectedness play.

PARENTS REACHING OUT!

Brought to you by
the Catholic School
Council Association
at ALCDSB.

[Click here to join the session.](#)

Building communities of **faith**, **service**, and **lifelong learning**



Our first-ever **Student Census** takes place **May 9 to 20**

The information students and families share will help make us stronger and more responsive as a school system.



See Me in ALCDSB

Students and their families are invited to complete the See Me in ALCDSB survey, our first-ever student census, from **May 9 to 20**.

The survey will collect student demographic and identity data, including information about language, gender, sexual orientation, race, ethnicity and more. It also includes questions about school experience.

Why are we doing a student census?

Every day, we work to build faith-filled learning communities. We want our students and families to feel loved, inspired, and successful. By better understanding our students, we can make sure that the programs, supports and opportunities best suit their needs.

- Collect accurate identity and experience data about the current student population
 - Improve our ability to assess the disparities that exist within the system and to effectively measure efforts to improve outcomes for all students
- Support the development of 2022-2023 school improvement plans and the board improvement plan and inform new and existing programming and supports
- The collection of this data is mandated by the Ministry of Education and is an important step forward for equity in the ALCDSB because it allows us to understand the ever-changing context in our schools.

Survey implementation

The *See Me in ALCDSB* survey is voluntary— but the more responses, the better. The survey will take place every three years to maintain accurate data to measure the impact of changes and new programs we put in place.

Here's some information about how the survey will be implemented to help you prepare:

- The survey will take place online. We will provide help for students with special education needs and families who need support.
 - There are three versions of the survey: Kindergarten to Grade 3, Grades 4 to 8 and Grades 9 to 12.
 - Students in Grades 9 to 12 will be given the survey directly and have time to complete the survey at school.
- The survey is voluntary. Students and families can choose not to participate or skip a question or questions on the survey. Parents/guardians of students under 18 may also [request that their child not participate in the survey](#). Exemption requests must be submitted by **April 30**.

Holy Cross Catholic Secondary School students will be provided time in their morning classes between May 10th and May 18th. Your child's participation in the survey can help us identify how we can best support all members of our community—it's a simple thing you can do that could significantly impact the well-being of other children and families in your community.

For more information please visit [http://www.alcddb.on.ca/community/SeeMeInALCDSB/Pages/default.aspx#/=](http://www.alcddb.on.ca/community/SeeMeInALCDSB/Pages/default.aspx#/)