

# HOLY CROSS

#### Catholic Secondary School

#### Principal's Message

Happy New Year! I hope that all Holy Cross community members were able to find a bit of quiet, amidst family time, in the Christmas Season. As we begin the new year, may we all find the resolve and optimism central to achieving the best possible results for the end of Quad Two. We continue to pray for those in our community – staff and students – who struggle with their well-being. We need you, value you, miss you and hope for a speedy return to physical, mental and spiritual health. This pandemic has heightened mental and spiritual health concerns. It has also shown us how resilient we are in a community of faith.

As the break neared and we experienced some coronavirus presence in our school, my heart was with those staff, students and families who were self-isolating over Christmas. I am really grateful that no one suffered greatly from the illness (to the best of my knowledge). And now we are largely on pause, learning from home again, in an effort to curtail the spread of the virus. Although I support in-school learning for a number of reasons, not the least of which includes equity and mental health, I believe this temporary move is for the best. Students will tell you that I and the admin team are continuously nagging them about the free time behaviour, especially during lunch when masks are doffed. As we move into the coldest month of the year (and therefore students are likely to be indoors throughout the day), I am supportive of learning from home. Spring cannot come soon enough, literally and figuratively.

During this learn from home period, students are expected to be working on the course during the regular school day. Teachers will let them know which parts of the day are synchronous (live) and which parts may be independent or group work. This could shift depending on the contents of the day, but essentially the school day is dedicated to school work. If students are in need of technology, they should let their teacher know and we

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#### Januar<u>y 2022</u>

#### This Month

Jan 6– Quadmester 2 full disclosure date Jan 13-Ontario University Application due Jan 27– Last day Quadmester 2 Jan 28– Exam Day Jan 31– Exam Day Feb 3– Course Reconciliation Day Feb 4– P A Day Feb 5– First day of Quadmester 3

will follow up.

Take care of yourselves and each other. Where you can, use some of this time to support your family and neighbours. If you need any support from your school community, many of us are here in the building during the day and all of us are accessible by email. We hope to be back in person very soon.

God bless!

Terri Daniel

## Quadmester Calendar

Quadmester 2 : Nov 15 - Jan 27 Exam Days : Jan 28– Jan 31 Quadmester 3: Feb 3– April 12 Exam Days: April 13– April 14 Quadmester 4: April 19– June 23 Exam Days: June 24 - June 28

### Counsellor's Corner

#### University/College Applications

Applicants should notice that the application centre deadlines (for equal consideration for admission to programs) are approaching. University applications are due to the centre by Thursday, January 13th and college applications by Tuesday, February 1st. Students are asked to ensure that all data on the application is accurate (including contact and transcript information). Please contact Student Services with any concerns.

#### Grade 9 Registration

A Grade 8 open house has been tentatively scheduled for Wednesday, February 16th, depending on what is permissible at that time by the local Health Unit. If public health protocols are allowed, parents and grade 8 students will be invited to visit the school and non-feeder school families will be able to pick up registration packages. Grade 8 feeder school students will receive registration packages in January in their grade 8 classes. Registration packages will also be made available for pick up in Student Services on February 17<sup>th</sup>.

#### Course Selection 2022-2023

Course selection will take place in February for current grade 9 - 12 students. More information will be available in February.

#### Jack.org

Jack.org is a mental health and wellness organization that works to promote positive mental well-being! Our Chapter at Holy Cross has been planning and implementing initiatives this school year to meet this goal. In December, we wrote Christmas cards for every student and staff member at our school! We also raised \$103.25 at a bake sale; this money will be used for a future initiative.

We hope that everyone will take time for themselves and prioritize their mental health in these difficult circumstances. Please reach out to supports in our area if you are struggling.

Kids Help Phone – 1-800-668-6868 or kidshelphone.ca



# **PASTORAL NEWS**



The chaplaincy team would like to extend prayers and well wishes to all during this period of remote learning. May this time be a reminder to hand over to God the challenges and uncertainties we face, trusting in him to transform them into experiences of grace.

The season of Advent brought many blessings to our community. I would like to thank students, staff, and the wider community for your generous support of our Advent fundraiser and winter clothing drive. We raised \$2,180 for Chalice and donated many boxes of clothing and hygiene products to St. Mary's Cathedral Drop-In Centre. We are grateful for having had the opportunity to virtually gather as a community for our Advent liturgy, and to have our weekly prayer services as we lit the candles of the Advent wreath.

Although physically apart, we are united in spirit and prayer by God's grace. I would like to remind the community that there are spiritual supports available. Please don't hesitate to contact me at <u>ncotman@alcdsb.on.ca</u> and explore my Twitter (@nick\_cotman) for faith resources. Be sure to check the Archdiocese of Kingston website for continued offerings of online Masses.

With prayers,

Nick Cotman, Chaplaincy Leader

# Beloved Children of God

### Contact Us

Check on-line for more information at **www.hctoday.ca Holy Cross Catholic Secondary School** 1085 Woodbine Road, Kingston, Ontario, K7P 2V9 (613) 384-1919

#### Looking Forward to February

Feb 1– Ontario College Applications Due to OCAS Feb 1– Credit Recovery/Rescue day Feb 2– P A Day Feb 3– Quadmester 3 begins Feb 9– Last day for timetable changes For Quadmester 3 Feb 10– Grade 12 marks due to OUAC Feb 11– Grade 12 marks due to OCAS Feb 14– Valentine's Day Feb 16– Grade 8 Parent Info Night Feb 21– Family Day

#### Welcome the World!

Here is your opportunity to Welcome the World into your home and become a part of the International Education experience. The ALCDSB International Education program is now accepting applications to become a homestay for one of our international students who will be attending Holy Cross in September 2022. These students come to Canada wanting to experience life as a Canadian student and are eager to share their culture with you. Students arriving from Germany and Spain are fully vaccinated and we offer generous compensation to our homestays. If you are interested or would like to learn more please email international@alcdsb.on.ca.





### Emergency Food Support for KFL&A School Families

As you know, schools will remain closed to in-person learning until **Monday**, **January 17**. This means that some students will not be able to access in-school student nutrition programs for healthy snacks and meals that would be available to them if they were attending school in person.

If your family will be negatively affected by the two-week school closure and you could take advantage of additional food support for your student(s), you can apply to receive a *one-time Emergency Food Box* delivered by *The Food Sharing Project* to your door sometime between January 5 and 14.

The Emergency Food Box will include (subject to change):

- 1 loaf of whole wheat bread or bagels
- 1 block of cheddar cheese
- 1 dozen large eggs
- 1 tin tuna
- 1 jar peanut butter
- 6 apples
- 6 oranges
- 1 bunch of bananas
- 3 snack vegetables (broccoli, celery, baby carrots, red peppers, and/or cucumbers)
- 1 box regular Cheerios cereal
- 1 x \$25 PC brand grocery gift card to use for purchasing milk, and other healthy foods

## If you would like to receive a *one-time Emergency Food Box* for your family, please do one of the following:

- Email <a href="mailto:foodbox@kingston.net">foodbox@kingston.net</a> and provide:
  - 1. Your family's name.
  - 2. Your full address (include any unit or apartment number).
  - 3. Your phone number.
- Call us at 613-530-3514 and leave a message with the following information:
  - 1. Your family's name.
  - 2. Your full address (include any unit or apartment number).
  - 3. Your phone number.

\*Please speak clearly and slowly, so we are able to understand your message.

**Delivering your food box:** Once we receive your request, we will schedule an afternoon delivery time as soon as possible between January 5 and 14. A volunteer will call you the evening before, at the number you provided, to confirm the delivery date and time.



Last month, Holy Cross competed at the Senior Mathlete Competition held by the Kingston Math League at Regiopolis-Notre Dame High School. This is where all participating Kingston and area high schools compete in individual, team and relay categories to show off their problem solving skills and quick math thinking abilities. HC's teams placed in 9th and 18th out of 41 teams and Aiden Tulk represented HC in the buzzer round. Way to go HC Mathletes!